# Paw Prints 

A District Publication of Clinton County Schools Compiled by Ammie Marcum, Community Education Director

## Reality Town 2014

On Tuesday, March 18, 2014, the eighth-graders at Clinton County Middle School and the students at Foothills Academy got a taste of the real world at Reality Town. This exercise is an effort to help students gain the knowledge necessary to set educational and career goals in order to obtain the lifestyles they want. The purpose of this event is to remind students that they can make choices now that will help them reach their goals. Before entering Reality Town, students randomly selected cards to determine their careers and the
number of children they had. They were required to move through all the booths in Reality Town. They began their adventure at the Uncle Sam booth, where taxes were subtracted from their gross monthly salaries. Next, each student visited the Bank booth to open a checking account and a savings account, if desired. Then students followed a Route Card to visit the remaining booths.

Reality Town is a
collaborative project coordinated by Clinton County Cooperative
Extension Service, Clinton County

Middle School, CCMS Youth Services Center, 21st Century Community Learning Center, Clinton Elementary School Counseling Program, and Community Education. Reality Town was funded through contributions by First \& Farmer's National Bank, Monticello Banking Company, People's Bank \& Trust of Albany, and the Chamber of Commerce. We especially appreciate all of the community volunteers who helped make Reality Town a success.

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Below left, Paula Key from the local Office of Employment and Training assisted students who ran out of money early and needed to find an extra job to pay monthly bills. Below right, Clinton County Property Valuation Administrator Pat Campbell deducted property tax expenses from students' checkbook sheets.


March 2014

Clinton County Board of Education

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This issue of Paw Prints is sponsored by PEP (Physical Education Program).

## AES Health Fair



The AES Health Fair was held on February 14, 2014. Students from all grades were instructed in various health and safety booths. AES faculty and staff would like to thank all the community volunteers and school personnel who helped make the fair a success this year. Above left, 4-H Agent Brandon Pharis and Twin Lakes Family Wellness Center
staff Dee Soma teach Heart Healthy Exercises. Above right, HOSA Advisor Billie Frye and HOSA students from the Clinton County Area Technology Center teach Dental Hygiene. Below left, Stacy Smith and Christy Neutzman of the County Extension Office teach My Plate/ Nutrition. Below center, Healthy Hometown Coordinator April Speck teaches Drug

Awareness. Below right, a special appearance by Mr. Molar and Scrubby Bear, provided by Clinton Family Medical Center. At bottom left, Matt Parmley from the Kentucky Department of Fish and Wildlife teaches Water Safety. At bottom right, Billie Shelton and Laura Roberts from Somerset Community College teach Think Your Drink.


## AES "Talents of Tomorrow" Talent Show

Students at Albany Elementary School were provided the opportunity to let their abilities shine in the annual "Talents of

Tomorrow" Showcase of Stars held on Monday, December 16, 2013. Students performed in several areas, including singing,
playing musical instruments, dance, and magic tricks. Fun was had by all who participated.



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Above left, Katie Williams and Jacob Williams were the Masters of Ceremony for the Talent Show. Above right, a group photo of the Talent Show participants. At left, Christian Derryberry performing a magic show. Below, Sami Criswell singing with her sister Sierra playing guitar. At right, Mackenzee Parrigin playing piano.


## AES Related Arts Christmas Showcase

The Albany Elementary School Related Arts Christmas Showcase on December 18, 2013 featured drama, music, and dance performances by students in grades $1-4$, as well as artwork displays. Library Media Specialist Connie Armstrong, music teacher Teresa Williams, physical education teacher Jennifer Preston, and art teacher Eric Mercer collaborated on the showcase.

The 1st grade students in Ms. Sabra Albertson's, Ms. Tammie Conner's, Ms. Sherry Johnson's, Ms. Londa Kerr's, and Ms. Jamie Reagan's classes performed songs, dances, and skits about elves, snowflakes, and Christmas presents. The students in Ms. Sherry Johnson's and Ms. Tammie Conner's
classes displayed artwork. The 2nd grade students in Ms. Carolyn Brown's, Ms. Patty Crouch's, Ms. Laura England's, and Ms. Christina Stearns' classes performed songs, dances, and skits about reindeer and Rudolph. The students in Ms. Patty Couch's class
displayed artwork. The 3rd grade students in Ms. Kim Dicken's, Ms. Jona Guffey's, Mr. Nate Pennycuff's, and Ms. Samantha Tompkins' classes also performed songs, dances, and skits about reindeer and Rudolph. The students in Ms. Jona Guffey's class displayed artwork. The 4th grade students in Ms. Angie Flowers', Ms. Carol Latham's, Ms. Yvonne Morgan's, and Ms. Vivian Talbott's classes performed songs, dances, and skits about Santa Claus and snowmen. The students in Ms. Carol Latham's class displayed artwork. The 1st, 2nd, and 3rd grade students also performed a Rocking Around the Christmas Tree dance. All classes concluded their programs by singing We Wish You a Merry Christmas to the audience.


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## AES Related Arts Winter Showcase

The Albany Elementary School Related Arts Winter Showcase on February 27, 2014 featured drama, music, and dance performances by students in grades $1-4$, as well as artwork and technology products. Library Media Specialist Connie Armstrong, music teacher Teresa Williams, physical education teacher Jennifer Preston, and art teacher Eric Mercer collaborated on the showcase.

The 1st grade students in Ms. Sandy Marcum's, Ms. Sabra Albertson's, and Ms. Sherry Johnson's classes performed songs, dances, and skits about winter, snowflakes, and
snowmen. The students in Ms. Londa Kerr's class displayed artwork. The 2nd grade students in Ms. Carolyn Brown's, Ms. Carolyn Guffey's, and Ms. Patty Crouch's classes performed songs, dances, and skits about the February holidays of Valentine's Day and President's Day. The students in Ms. Laura England's class displayed artwork.

The 3rd grade students in Ms. Kim Dicken's, Ms. Jona Guffey's, and Ms. Crystal Smith's classes presented a program of dance, music, and drama entitled Jazz: A Swinging Celebration, which was choreographed by the

3 trd grade students themselves. The students in Ms. Samantha Tompkins' class created a Jazz Musicians PowerPoint Presentation to accompany the program. Students in Mr. Nathan Pennycuff's class displayed artwork.

The 4th grade students in Ms. Angie Flowers', Ms. Carol Latham's, and Ms. Megan Rains' classes also presented a program of dance, music, and drama entitled Superstar Playlist Musical, which was choreographed by the 4th grade students themselves. The students in Ms. Yvonne Morgan's class displayed their Origami Star Art projects.


## Students Complete Study Island Library

These students in Ms. Jamie Reagan's 1st grade class have completed the 1st grade Study Island library.

Congratulations to these students for their hard work!

Front Row: Kade Beaty, Drew Davis, Nickolas Poore, Ella Smith, and Tatum Harlan.

Back Row: Valarie Latham, Emily Sawyers, Mackenzee Parrigin, Kellie Brown, and Cambria Moses.


## Kentucky Reptile Zoo Comes to AES

Students at Albany Elementary School had the chance to experience the "Lifestyles of the Sleek and Scaly" during a visit from the Kentucky Reptile Zoo. This program featured a Students learned how reptiles have adapted to
their environment and the important role they play in the natural world. The Kentucky Reptile Zoo expert shows students a turtle, below left, and a snake, below right.


## Christmas in Nashville Experience

Gifted and Talented students in grades K-12 had the opportunity to participate in the Christmas in Nashville Experience in December 2013. The journey began with attending a performance of A Christmas Carol at the Tennessee Performing Arts Center. Following a banquet style lunch at the Old Spaghetti

Factory, students were admitted to ICE! at Gaylord Opryland Hotel. Favorite scenes from Frosty the Snowman came to life in more than two million pounds of hand-carved ice sculptures and slides. In addition, there was a new interactive bonus ice area that transported participants to the iconic holiday sights and
sounds of New York City. The awe-inspiring adventure concluded with the wonder and majesty of a full Nativity of stunning crystal clear ice. Students are pictured below in the hooded parkas that were provided to keep them warm in the chilly 9 degree atmosphere of the $I C E$ ! experience.


## Building a Better Minds Workshop

Gifted and Talented students in grades $\mathrm{K}-12$ were treated to a cognitive development workshop with Carol Brown of the Kentucky Academic Success Center on Friday, February 7, 2014. Students learned a variety of tips to increase their working memories, cross-train their brains, and ensure higher levels of academic success. The


Academic Success Center has the belief that the brain and IQ are not stagnant, but can be strengthened with the right tools and instructional methods. Through the workshop, students learned how the mind and body health affect brain development, cognitive exercises for processing, memory, attention, logic, and reasoning, as well as study skills for a lifetime.


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## Elementary Academic Team

Congratulations to the Elementary Academic Team for their performance at District Governor's Cup in Jamestown, Kentucky on Saturday, March 1, 2014. The Quick Recall and FPS teams both 2nd. The following individuals placed in Written Assessment: Autumn McCutchen (2nd in Social Studies), David Guffey (1st in Science), Jake Boils (2nd in Science), Olivia Brummett (3rd in Language Arts), Sydnee Albertson (3rd in Composition), Abbi Young (5th in Composition), and Hailey Cole (4th in Arts \& Humanities). The team also received the prestigious Katherine Hume Award.

The entire team competed in Regional Governor's Cup on Saturday, March 22, 2014 at Russell Springs Elementary. The team is coached by Mrs. Danielle Hicks and Mrs. Ashley Shelton.

Front Row: Sydnee Albertson, Christin Shelton, Alena Garner, and Haleigh Irwin. Middle Row: Kendra Cross, Autumn McCutchen, Hailey Cole, and Abbi Young. Back Row: Jake Boils, David Guffey, and Devin Huckaby. (Not Pictured-Olivia Brummett)


## Middle School Academic Team



Congratulations to the Middle School Academic Team for their performance at District Governor's Cup, held at CCMS on Thursday, January 23, 2014. The Quick Recall Team placed 2nd and the FPS Team placed 3rd. The following students placed in Written Assessment: Jackson

Harlan (5 $5^{\text {th }}$ in Math), Noah Stockton ( $2^{\text {nd }}$ in Social Studies and $1^{\text {st }}$ in Science), Conlan Beck ( $3^{\text {rd }}$ in Social Studies and $1^{\text {st }}$ in Arts \& Humanities), Garrett Page ( $5^{\text {th }}$ in Social Studies), Mary Willen Cross ( $2^{\text {nd }}$ in Arts \& Humanities), and Gabby Beaty ( $5^{\text {th }}$ in Arts \& Humanities).

Front Row: Jessica Criswell, Annie Caroline Cross, Jaden Mullins, and Quade Martin.
Middle Row: Conlan Beck, Dalton Gregory, Noah Stockton, Camrick Smith-Wright, Garrett Page, and Jackson Harlan.
Back Row: Mrs. Ashley Shelton, Mary Willen Cross, Vivian Zheng, Paige Hicks, Rachel Sawyers, Bobbianne Key, Alex Neal, and Mrs. Danielle Hicks (Not Pictured-Carly Upchurch and Gabby Beaty)

## High School Academic Team



Congratulations to the Clinton County High School Academic Team for their performance in recent competitions. During the JV Challenge for high school freshmen and sophomores, Frank Zheng placed 2nd and Zack Garmon placed 4th in Math. Levi Neathery placed 4th in Social Studies and 5th in Science. At the District Governor's Cup
competition, the Quick Recall and FPS teams both placed 1st. The following individuals placed in Written Assessment: Zach McFall (4th in Math), Dustin Daley (2nd in Science), David Pierce (2nd in Social Studies), Chandra Tallent (4th in Language Arts), Emily Bertram (1st in Arts \& Humanities), Mildred Dominguez (4th in Arts \& Humanities), Jennifer Covey
(2nd in Language Arts \& 4th in Composition), and Jacob Williams (1st in Science and 1st in Social Studies). Jacob Williams placed 1st in Social Studies at regional Governor's Cup, and advanced to the state competition, where he placed 6th. The Quick Recall team is coached by Mrs. Kathy Conner and the FPS team is coached by Mrs. Stacey Evans.

Pictured above left are the members of the high school academic team. Front Row: Matthew Hunter, Carley Miller, Jennifer Covey, Mildred Dominguez, Chandra Tallent, Dustin Daley, and Emily Bertram. Back Row: Levi Neathery, Zach McFall, Zack Garmon, Frank Zheng, Jacob Williams, Jared Upchurch, and David Pierce. (Not Pictured: Tiler Cross). Above left with Coach Kathy Conner, CCHS Senior Jacob Williams, who placed at the district, regional, and state competitions. Below left, the members of the JV Challenge Team. Front Row: Mildred Dominguez and Chandra Tallent. Back Row: Levi Neathery, Matthew Hunter, Zach McFall, Zack Garmon, Frank Zheng, and Jared Upchurch. Below right, the members of the FPS Team: Dustin Daley, Emily Bertram, David Pierce, Carley Miller, and Tiler Cross.


## 5th Graders Exercise Free Speech

During a unit on government, the students in Mr. Chris Marcum's 5th grade social studies classes exercised their first
amendment rights by staging a mock protest in the lobby of CCMS. During this peaceful demonstration, students displayed signs about a
number of varying topics, from doing away with homework to permitting gum chewing at school.


## CCMS Teachers Receive Awards

The Kentucky Council of Teachers grant proposal in order to be considered.
of English and Language Arts (KCTE/ LA) honors Kentucky ELA teachers with the annual "Stephanie Kirk Classroom Learning Award" as a memorial to Mrs. Stephanie Kirk. The Award is to support an innovative project which encourages attainable improvement in the language arts areas. The recipients of the award receive a $\$ 500$ classroom grant, and are recognized at the state KCTE/LA Conference. The award is highly competitive, and teachers must submit a

This year's recipients were our own Mrs. Danielle Hicks and Mrs. Joyce Groce of Clinton County Middle School. Mrs. Hicks teaches $6^{\text {th }}$ grade Language Arts and Mrs. Groce teaches $8^{\text {th }}$ grade Language Arts. Pictured at right are Mrs. Kerry Stephenson (KCTE/LA President) presenting the Stephanie Kirk Awards to Mrs. Danielle Hicks and Mrs. Joyce Groce. Congratulations ladies!


Kentucky Council of Teachers of English / Language Arts


## CCMS Recycle Projects

Students in Mrs. Lora Grant's 5th, 6th, winner was Caleb Marlow, with a lantern. 7th, and 8th grade classes were asked to generate examples of how they could reuse varied items that would normally be thrown away. Students brought several examples to class and explained to the class how to reuse the items which would help take care of the earth, instead of throwing them out. Below left is the 5 th grade class. The 5 th grade

Below right is the 6th grade class. The 6th grade winner was Caleb Guffey, with a 2 -liter broom. At bottom left is the 7 th grade class. The 7th grade winner Kendra Albertson, with a Labrador snow globe. At bottom right is the 8th grade class. The 8th grade winner was Hannah Smith, with a mosaic painted bottle using egg shells.

## REUSEC? REDUCE RECYCLE



At Reality Town, students discovered the high cost of typical monthly expenses as they moved around from booth to booth, including: Housing, Transportation, Property Taxes, Insurance, Utilities, Child Care, Medical \& Dental, Health \& Grooming, Grocery, Clothing, Furniture, Communications, and

Entertainment. All students were required to make a donation at the Contributions booth. They visited the Crystal Ball booth to see what fate would deal them. The Vice booth taught students about the financial and health cost of smoking. If students needed help, they could visit the S.O.S. booth or get a second job at the

Supplemental Income booth. At the Evaluation booth, students were rewarded with a Payday candy bar if they finished shopping and still had money left. Students who ran out of money before buying all of their necessities received a Zero candy bar.


Amanda Clunie and Rhonda Basham from First and Farmer's Bank, above left, Angelia Wilber from People's Bank \& Trust of Albany, and Alice Branham from Monticello Bank, above right, worked with students at the Bank booth on opening checking and savings accounts. Dee Soma from the Twin Lakes Family Wellness Center, below left, worked with students at the Health \& Grooming booth and discussed the benefits of a Wellness Center membership. Local ministers Bro. Howard Wilson from Highway Nazarene Church and Bro. David Stearns from Peolia United Methodist Church worked with students at the Contributions booth and encouraged charitable donations.


## CCMS Music Program Receives Grant

The Clinton County Middle School general music program was honored on February 25, 2014 when it received $\$ 400.00$ from the South Kentucky RECC People Fund Grant. The funding from the grant will be used to purchase twenty-eight Kyser Quick-Change Capos to be used
by seventh and eighth grade guitar students. The grant was presented by South Kentucky RECC representative Shana Honeycutt to CCMS music teacher Mr. Donavan Hatfield, along with $8^{\text {th }}$ graders Nate Matthews and Gabby Beaty, pictured at right.


## Pennies for Patients

Students at Clinton County Middle School raised $\$ 2,130.37$ during the Pennies for Patients campaign in March. Since 1994, millions of dollars have been raised in pennies and other spare change by more than 10 million elementary, middle, and high school students throughout the country. The funds, collected during a three-week period, benefit The Leukemia \& Lymphoma Society.

The effort was spearheaded by CCMS staff Teresa Boils and Shannon Dishman, who are pictured below left counting donations. CCMS 7th grader Caitlin Taylor played a big role in effort, as she visited the classrooms every morning to collect the donation boxes. Caitlin is pictured below right with Ms. Kim Stonecipher and 5th graders Joanna Mazariegos and Cassie Thompson. Joanna donated $\$ 200.00$ during the Pennies for Patients drive, helping
the 5 th grade win the top fundraiser title and ensuring that Ms. Kim's homeroom class was not only the winning 5th grade class, but also the schoolwide winner. The 5th grade will enjoy an ice cream party for their outstanding efforts. Congratulations to CCMS students, faculty, and staff!


## Kentucky Chautauqua at CCMS

Some say there would be no Kentucky without George Rogers Clark. There's no doubt he was a prime mover in the Commonwealth's early history. But has this hero of the war on the western frontier and older brother of the famous William Clark gotten the credit he deserves?

Students in grades 5 and 8 at Clinton County Middle School were invited to decide as they enjoyed a visit by Kentucky militia leader and Revolutionary War Hero George Rogers

Clark, as presented by Kentucky Chautauqua performer Mel Hankla. Kentucky Chautauqua is a statewide service of the Kentucky Humanities Council. This presentation was part of the council's mission of Telling Kentucky's Story.

Clark first came west as a surveyor, but it was as a military leader during the Revolutionary War that he made his mark. A daring campaign he planned and led secured the western frontier for our young nation during its fight for independence. And in 1778, the year
that campaign began, Clark also managed to found the city of Louisville. The Conqueror of the Northwest, as he was sometimes called, kept fighting the British and their Indian allies until the end of the Revolutionary War in 1783. George Rogers Clark died in 1818 and is buried in Louisville's Cave Hill Cemetery.

The interactive presentation addressed learning standards in arts \& humanities, drama, government \& civics, culture \& society, economics, geography, and history.


## Truth or Consequences 2014

On Friday, March 7, 2014, freshmen students at Clinton County High School recently participated in the Truth or Consequences event and volur "Truth \& Consequences: The Choice Is Yours" is an enrichment event designed to allow students to see the consequences of drug and alcohol abuse. Students were given scenarios
and then visited appropriate officials as if they had actually engaged in the behavior. Parents and volunteers worked with the youth as they visited booths, such as court system, school administration, counselors, and jail. Students also participated in interactive and informative sessions with guest speakers Junior Cecil and

Commonwealth Attorney Jesse Stockton. At the conclusion of the event, a mock overdose was staged, with participating organizations such as law enforcement, ambulance service, hospital, and coroner, responding accordingly.



Saturday, May 3, 2014 - Mt. View Park Albany, KY
Registration Begins at 8:30 AM $\mathscr{H} \quad$ Registration fee $\$ 15.00$ \& $\quad 1 \mathrm{~K}$ \& 5K Begin at 9:00 AM *Make checks payable to Healthy Hometown Activity Fund* ( $100 \%$ of event proceeds will be used toward the purchase of playground equipment for Mt. View Park.) T-shirts will be awarded to each participant. KIDS RUN FREE!!!
Clinton County PEP is sponsoring registration for all Clinton County students in grades $\mathrm{P}-12$.
 Physical Education Program


## RELEASE OF RESPONSIBILITY

In consideration of accepting my entry, I, my child, intending to be legally bound, do hereby for myself, my heirs, my executors and administrators, do waive and release forever any and all rights and claims for damages I may accrue against all persons and agencies, namely the Clinton County Healthy Hometown Coalition of Albany, KY and / or all of its agents involved with taking part in any activities connected with the event. I also release publications of rights to photographs of me shot during the $1 \mathrm{~K} / 5 \mathrm{~K}$ for the purpose of publicity in future races. I further state that I am in proper physical condition to participate in this event. Runners must register and run under their proper names, sex, and age division to avoid disqualification.

## February iPad Winners

Each attendance month of the second semester, students with perfect attendance (no absences or tardies) are put into a drawing for an iPad. The district earned money to purchase these prizes from donations received from the

KONA ICE company. Each time KONA ICE visits the schools, they donate a percentage of their profit back to the school district to support attendance. The district is using this money to give something back to the kids and support
good attendance. Director of Pupil Personnel Julie York will award another iPad at each school in March, April, and May for a total of 16 iPad giveaways this school year!


## CCMS Valentine Dance



## I've Got a Golden Ticket!

Some of the cast members from the Good Neighbor's Theatre production of Charlie and the Chocolate Factory visited CCMS to promote the show and give away a few "Golden Tickets". The show brought Roald Dahl's
classic children's book to life, under the direction of Amanda Hatfield. Pictured below are the students who won free tickets to the play. Below left are the 5th grade winners,
right is the 8th grade winner, Kendra Roberts. Willy Wonka and a couple of Oompa Loompas are pictured below right with $6^{\text {th }}$ grade winner Danielle Elliott and at bottom left with $7^{\text {th }}$ grade winner Jessica Reyes.


## Bulldog Band Christmas Concert

The CCMS and CCHS bands presented a Christmas concert at the Clinton County Learning Center on Sunday, December 15, 2013. The 6th grade band is pictured below, under the direction of Mr . Donavan Hatfield. The 7th \& 8th grade band is pictured below center, and the high school band is pictured at the bottom. The 7th \& 8th grade band and the high school band are both directed by Mr. Doug Sell.



6th Grade Band Director Donavan Hatfield

7th \& 8th
Grade / High School Band Director Doug Sell


## Bulldogs Sweep District Tournament

Clinton County hauled home lots of hardware at the conclusion of the 16th District Tournament, winning the boys and girls freshman and varsity championships. In addition, several team members received individual awards. Keifer Dalton received the $4^{\text {th }}$ Region Coaches Association Player of the Year award and the $4^{\text {th }}$ Region Athletic

Director's Player of the Year award. Keifer and Colby Langford were both named to the $4^{\text {th }}$ Region Coaches Association All Region Team and the $4^{\text {th }}$ Region All Tournament Team. Coach Todd Messer was the $4^{\text {th }}$ Region Coaches Association Coach of the Year. Keifer, Coach Messer, and Colby are pictured below center. Five Lady Bulldogs were named to the All 16th

District Team. Pictured at bottom left: Ansley Stalcup, Shyanne McWhorter, Kayla Dicken, Alex Beard, and Whitney Bookout. Five Bulldogs were also named to the All 16th District Team. Pictured at bottom right: Cole Nelson, Colby Langford, Keifer Dalton, Clay Choate, and Lance Claywell.

Photos Courtesy of Clinton County News


## Make a Difference Today....Stop Littering!

Hello, my name is Katie and I'm a 17 ourselves to clean up others' trash off of our year old student at Clinton County High School. Currently, one of my teachers, Jerry Bell, has encouraged our Electricity class to pick up garbage off the side of the road leading to our Vocational school. Growing up, my parents taught me not to throw things out the vehicle windows (trash, food, toys, etc...) as we would drive around. I feel that I am very privileged to grow up in Clinton County because it is such a beautiful place and is known for its beautiful scenery and outstanding fishing. Our county is such a BEAUTIFUL place; therefore, it makes me very sad/mad to see all the trash thrown out and strewn out all throughout our county and on the sides of our roads. My mom and I take it upon
ourselves to clean up others' trash off of
road. We pick up ridiculous amounts of garbage from our roadway every day. It is a county wide problem that NEEDS TO BE ADDRESSED! It does not just affect the residents of Clinton County but also anyone

who wants to visit OUR town, known as the "Land Between The Lakes". Take responsibility for your actions, and just because it can be "convenient" don't throw trash out the vehicle windows, JUST DON'T! Put trash where it belongs, in TRASH-CANS!

Everyone needs to take responsibility for their own trash and stop making it everyone else's problem to pick up after those who want to "take the easy way out", or is just disrespectful to our land. Littering Laws need to be enforced. Also, our community needs to come together and pitch in and help clean up, not "pitch out" trash for others to have to see.

## Thanks for taking pride in our community!



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## Students Learn About Organ Donation

On December 5, 2013, Mrs. Charlotte Wong with the Kentucky Organ Donor Affiliates visited the Kentucky Tech - Clinton County ATC Health Sciences Program taught by Billie Frye, RN and spoke with the students about the importance of organ donation. She discussed with the students that there are currently 119,000 people waiting for an organ donation in the United States, with 960 of those persons living in Kentucky. By 9:00 pm tonight,
eighteen of those names will come off of the list, not because they received an organ, but because they died waiting for a transplant. Mrs. Wong discussed with the students the organs that are able to be donated, how the surgeries are done for organ transplants, and how people are pronounced legally brain dead before their families are approached about having their loved one's organs donated. The students were very engaged throughout her presentation and
many expressed a desire to become organ donors. Some of the students wrote letters to their families or the school staff explaining to them their desire to become organ donors. Included is a letter written by Brittany Brown, senior student enrolled in the Medicaid Nurse Aide class at the Clinton County ATC. Brittany wrote her letter to the CCATC Principal Mrs. Stesha Flowers.

Dear Mrs. Flowers,
Have you ever wondered what it would be like to suffer in a hospital knowing you might not make it through the night? There are nearly 119,000 individuals that are waiting in the United States for a life-saving organ transplant and there are approximately 900 people waiting in the state of Kentucky. Did you ever think to yourself that you could save someone's life? Last year over 30,968 individuals in the United States waited for a life-saving organ transplant. 6,669 individuals died last year while waiting for someone to save their life and hoping that they would get to spend time with their family a little longer. Sadly, nobody realizes just how much they can help save someone's life. People don't realize exactly what is important. To all the babies, children, young adults, and older people that are waiting on that life-saving organ transplant, the only thing that matters to them is to be able to live and not suffer, knowing they might not live if they do not get a heart, lung, liver, pancreas, or kidney. Think about what you could do, be an organ donor, and save someone's life.

Sincerely,
Brittany Brown


## Art Students Create Christmas Cards

The students in Ms. Pam Miniard's art classes at Clinton County Middle School put
their artistic skills to work in creating Christmas and Rehabilitation Center. The cards were cards for the residents at Clinton County Care delivered by the 3rd grade classes from AES


## ATC Students Spread Christmas Cheer

Clinton County Area Technology Center's HOSA and FBLA students along with the HOSA Advisor Billie Frye, RN visited the residents at the Clinton County Care and Rehabilitation Center on December 19, 2013. The students spent time with the residents wishing them a "Merry Christmas" and passing out Christmas cards. This was an excellent opportunity for the students to visit a health care facility and spend quality time with the residents. The students and their advisors, Billie

Frye, RN and Teresa Giles, would like to thank the residents and the staff at the Clinton County Care and Rehabilitation Center for allowing the students to visit. The HOSA and FBLA members along with three of the residents are pictured at right: Billie Frye, RN, HOSA Advisor, Elijah Dicken, Emily Frye, Bianca Soma, Sierra Starns, Megan Antle, Deana Shelton, Angela Irving, Jared Upchurch, Makayla Marcum, Levi Barber (volunteer), and Courtney Bowlin.


## Reducing the Risk at CCHS

Jelaine Harlow and Ashley Bridgman from the Lake Cumberland District Health Department conducted the Reducing the Risk
program with the students in Ms. Tyonia Sinclair's health classes at CCHS during the first semester. Reducing the Risk (R.T.R.) is an
abstinence based curriculum that focuses on avoiding unwanted pregnancy and sexually transmitted diseases/infections.


## 2nd Annual Taste Test Sampler



## Summer Feeding Program

## GREAT NEWS!

The Summer Feeding Program will begin on Monday June 2, 2014 and end on Friday July 25, 2014. This program provides free meals to children age $1-18$. There will be several sites available for you to take your child/children to and some will have fun activities for the children as well. This year, we will also have a mobile summer feeding bus with scheduled stops throughout the community. Exact locations and times will be finalized within the next few weeks.

If your church is planning vacation bible school sometime during that eight week period, we would be happy to provide the meals for the children. Just contact Georgia Rigney, Food Service Director at 606-387-7534 as soon as possible to get your church on the list. We are happy to provide this service and hope everyone will take advantage of this wonderful opportunity.


## Ready for a Change???

## Spring Forward! !

 Get a new jobMake more money
 GED

We can help and our help is free! ! !
The NEW GED test started in January. New classes are underway now. We also do remedial classes for entrance into college. Please contact Mitch Latham or Nicole Cross at the Clinton County Adult Education
Program at (606) 387-6648 for more information.


## ECC Students Gets Moving!

coordination, balance, and rhythm. Rainbow Hop-Along relays are great for leg strength, balance, and aerobic fitness.

Childhood Center students get moving with some fun activities. Rainbow Hoop movements teach


