



Paw Prints

A District Publication of Clinton County Schools
Compiled by Ammie Marcum, Community Education Director

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PEP Places Fitness Equipment at CCHS

As part of the second phase of the Physical Education Program (PEP) grant, Clinton County High School has received a set of Cybex physical fitness equipment designed to work every muscle group in the body. The equipment is located on the stage in the gymnasium and is available to be used by all CCHS students, both after school and during Physical Education classes. The equipment is also being used for physical therapy with some students. Among the equipment are four treadmills, two arc trainers, and two

upright bikes, as well as other equipment designed to work specific muscle groups. The PEP grant will purchase additional fitness equipment for all schools next year during phase three of the program.

The new equipment will help reach goals in the grant concerning cardiovascular and strength fitness, as well as improvement of body mass index in students.

Continued on Page 16



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Inside this issue:

CCMS Pennies for Patients Fundraiser	2-3
CCMS Red Ribbon Week Winners	5
Financial Literacy Lessons at CCMS	6
SAFE-T Project Tabletop Exercise	7
AES Drama Program ~ The Meal Must Go On	8-9
CCATC Activities	10-11
CCATC Students of the Month	12-13
Reality Town 2011	14-15



This issue of *Paw Prints* is sponsored by
Clinton County Adult Education Program.



CCMS Pennies for Patients Fundraiser

Students in grades 5—8 at Clinton County Middle School participated in the Pennies for Patients fundraiser, which was initiated by the CCMS Fellowship of Christian Athletes (FCA). The Pennies for Patients

fundraiser began as a FCA project and was expanded to include all students at CCMS. Students raised a total of \$2,682.12, which will help provide treatment for children with cancer. The 5th grade students raised over \$1,000.00 of

the total money collected. As a reward for raising the most money, the 5th grade students were treated with a movie at the Learning Center and an ice cream social in the cafeteria, pictured here and on Page 3.



Pictured at left is Caitlin Taylor, who assisted with the fundraiser by collecting the Pennies for Patients money boxes each morning and delivering them to be counted.



CCMS Pennies for Patients Fundraiser

As an incentive for their fundraising efforts, a small prize was given to the FCA member girl and boy who raised the most money. The FCA girl winner is pictured below. The FCA boy winner was Jayden Wallace (not


pictured). A BIG thank you goes out to all the students at CCMS for working so hard collect and give money for the fundraiser. Each of the students at CCMS were proud to be able to give and make a difference. Thanks also to all the

contributing sponsors ~ IGA, Save-a-Lot, Burger King, McDonalds, Lee's Famous Recipe, Major's Pizza, Pizza Hut, and Connie Phillips with Dollar General (personal donation).

The FCA girl winner was Sidney Dominguez, pictured at left, who received a basket full of snacks from IGA, Dollar General, Save-a-Lot, Pizza Hut, and Majors Pizza.



Timeline of Childhood Milestones

2 Months	Smiles at the sound of your voice		12 Months	Walks with or without support, Says at least one word, & Enjoys imitating people
3 Months	Raises head and chest when lying on stomach, Grasps objects, & Smiles at other people		18 Months	Walks independently, Drinks from a cup, & Says at least 15 words
4 Months	Babbles, laughs, and tries to imitate sounds		2 Years	Runs, Speaks in two-word sentences, Follows simple instructions, & Begins make-believe play
6 Months	Rolls from back to stomach and stomach to back & Moves objects from hand to hand		3 Years	Climbs well, Speaks in multiword sentences, & Sorts objects by shape and color
7 Months	Responds to own name & Finds partially hidden objects		4 Years	Gets along with people outside the family, Draws circles and squares, & Rides a tricycle
9 Months	Sits without support & Crawls		5 Years	Tells name and address, Jumps, hops, and skips, Gets dressed, & Counts 10 or more objects

In the U.S., 2% of children have a serious developmental disability, and many more have moderate delays in language and/or motor skills. Yet, less than half of children with developmental delays are identified before starting school. For more information contact April Speck, SAFE-T Project Early Childhood Case Worker at 606-387-0240 or april.speck@clinton.kyschools.us.

Adult Education Offers GED Help

If you or anyone you know is interested in obtaining a GED, entering college, or taking remedial classes, please contact Mitch Latham or Nicole Cross at the Clinton County Adult Education Program at (606) 387—6648.



**We can help
and our help
is free!!!**



CCMS Red Ribbon Week Winners



CCMS Youth Services

Center Director Kim Craig would like to congratulate all of the winners and thank every adult and student who participated in Red Ribbon Week activities in any way.



Pictured at left are the winners of the Poster Contest. Front Row: Parker Barnett, Garrett Page, Alex Neal and Tony Wallace. Back Row: Mya Slaven, Marlie Reneau, Scottlyn McWhorter, Carrie McClellan, Taya Cook, Samantha Shelton, and Carmen Tallent.

Pictured at right are the Perfect Attendance winners. Front Row: Tony Groce, Jeremy Glidewell, Austin Rose, Thomas Holsapple. and Brett England. Back Row: Tiffany Race, Destiny Thurman, Rylee Stockton, Kayla Parrigin, Hannah Smith, Katie Williams.

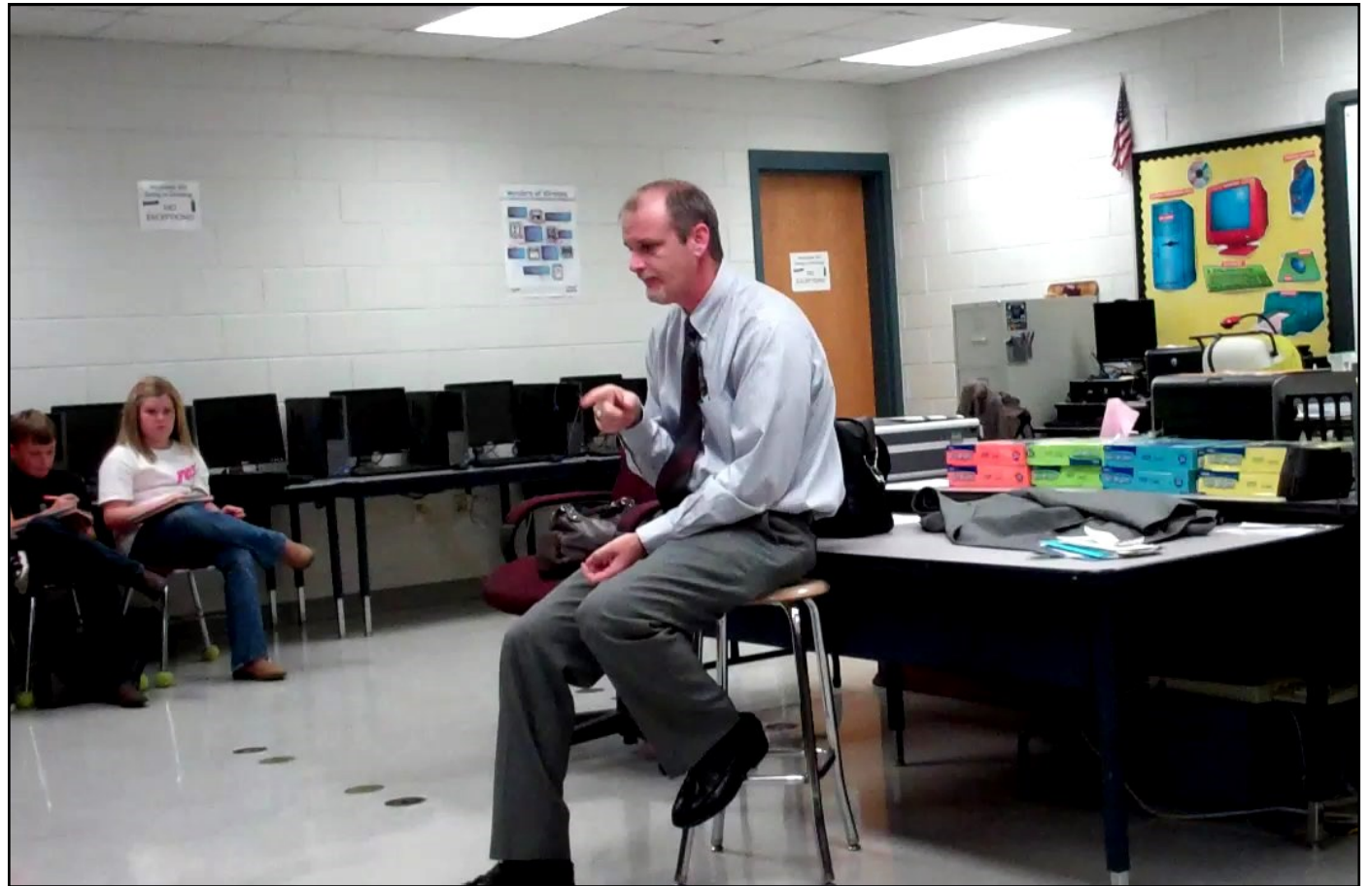


The faculty winners of the door decorating contest were Amanda Dalton (1st place), Teresa Scott (2nd place), and Kim Stonecipher & Sharon McFall (3rd place).



CCMS Computer Exploration Classes Get a Lesson in Financial Literacy

Mr. Willard Johnson of Monticello Banking Company visited the Clinton County Middle School on November 9, 2011. He was a guest speaker in Mrs. Teresa Scott's Computer Exploration classes. Mr. Johnson spoke to five classes. His talking points for 8th Graders were: budgeting; savings; banking services; checking and savings accounts; debit and credit cards; risks associated with credit cards; credit scores; credit unions. Talking points for 5th Graders included: savings; piggy bank; bank account; savings bond; purpose of a savings account; how to start a simple savings account; credit and fees with credit; difference in credit and debit cards. Mr. Johnson's visit was part of the Financial Literacy curriculum covered in the Mrs. Scott's technology classes.



SAFE-T Project Tabletop Exercise

Safe Schools / Healthy Students SAFE-T Project conducted its seventh Tabletop Exercise and Advisory Council Meeting on Tuesday, November 8, 2011 at the Clinton County Welcome Center. Facilitated by SAFE-T Project School Safety Coordinator Kevin Groce, participants reacted to a scenario involving an active school shooter and long-term recovery efforts from a mass casualty / fatality event. In a Tabletop Exercise, participants have the

opportunity to react and respond to a simulated emergency or crisis situation. This type of exercise allows participants to explore the available community resources, clarify roles and responsibilities of each organization, examine existing modes of communication, reflect on strengths and weaknesses, and consider longer-range goals in a compressed timeframe. Forty community partners participated in the Tabletop Exercise, representing the Clinton County

Board of Education, Sheriff's Department, Albany City Police, State Police, Emergency Services, Fire Department, Clinton County Hospital, Ministerial Association, American Red Cross, Intrust Healthcare, and Equity Group. Thanks to all community partners who participated in the Tabletop Exercise and are working hard to keep our children safe!



AES Library—Drama Project

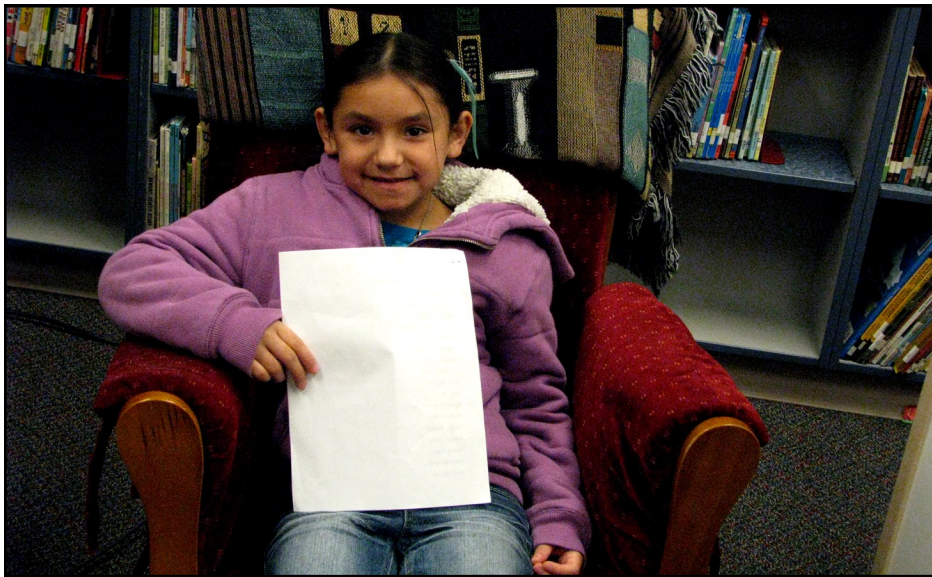


Under the direction of the Albany Elementary School Related Arts Teachers, a group of students worked for several weeks rehearsing a Thanksgiving play entitled *The Meal Must Go On*. The students then presented the play before audiences of their fellow students in the days before Thanksgiving break. The play was a lesson in cooperation and emphasized the importance of working together. The play featured an argument between the dishes in the holiday meal and a family coming together to share a Thanksgiving meal together. The students are featured here with the faculty and staff who helped them during the rehearsals and performances of *The Meal Must Go On*: Mr. Eric Mercer, Ms. Teresa Williams, Ms. Connie Armstrong, Mr. Scott Gregory, Ms. Jennifer Preston, Ms. Donna Cross, and Ms. Vivian Talbott. The students were rewarded for their hard work with a field trip on December 9th to the Cumberland County Playhouse to watch the play *The Best Christmas Pageant Ever*.



The Meal Must Go On!

Pictured around the table at right are the family members: Shelby Brumley as Fluffy the Cat, Alleigh Conner as the Aunt, Hayley Brown as Rachel, Bridget McGill as Megan, Malachi Cooksey as the Uncle, Alex Savage as Taylor, Jose Ayala as Dad, and Kaytlin Brown as the Mom. Pictured below is the Narrator Adrianna Adkins. Pictured at bottom left are Lance Madison as the Grandfather and Destiny Stephens as the Grandmother. Pictured at bottom right are the foods that comprised the Thanksgiving Meal: Emily Thrasher as Pumpkin Pie, Rhealey Elmore as Cranberry Sauce, Myles Hicks as Stuffing, Jaden Gibson as Mashed Potatoes, and Landyn Miller as the Turkey. (Landyn had rehearsed the role of Sparky the Dog but filled in for Harley Daniel as the Turkey because Harley was unable to attend).



Clinton County ATC FBLA Members Attend Fall Leadership Conference

Kentucky Tech – Clinton County Area Technology Center's student organization, Future Business Leaders of America, attended the Region 6 Fall Leadership Conference on October 27, 2011 at Eastern Kentucky University. During the morning, the officers attended workshops related to their office while the other members attended a session

concerning Internet safety. During the afternoon sessions, the members attended workshops concerning social media, college 101, recipe for success, and competitive events. President Brittany Talbott competed in the Battle of the Chapters against all chapters attending from Region 6.

Those attending the conference were Brittany Talbott, Courtney Talbott, Briana Conner, Jordan Vincent, Lindsey Asberry, Mikaela Craig, Emily Bertram, Tiler Cross, Dustin Daley, Bianca Soma, Sienna Staley, Mariah Thompson, Jennifer Covey, Nikita Avery, and Mrs. Teresa Giles FBLA adviser and Office Systems Technology Instructor.



Clinton County ATC Joins ECC in Halloween Activities



Clinton County Area Technology Center's student organizations FBLA, HOSA, and Skills USA celebrated Halloween on October 31, 2011 at the Early Childhood Center. The students were dressed in costumes and read stories to the kindergarten classes at the ECC. Later on they passed out candy bags to the students and participated in afternoon sessions

including face painting, musical pumpkins, and other areas for the students.

The following teachers along with their students participated in this year's event: Mrs. Teresa Giles, Office Systems Technology Program; Mrs. Billie Frye, Health Sciences Program; Mr. Jesse Burchett, Welding Technology Program; and Mr. Jerry Bell, Electricity Program.



CCATC October Students of the Month

The faculty and staff in the six career and technical education programs at Clinton County Area Technology Center have implemented a “Student of the Month” program where a specific character trait is selected each month, and instructors in each department select one student who most nearly exemplifies that character trait while attending Clinton County ATC.

Shown from each department are students who most nearly exemplified the

character trait of ***Diligence*** and who represent October’s Students of the Month. Instructors used a set of guidelines defining Diligence and selected a student according to those guidelines. The faculty and staff are proud to honor deserving students with a certificate of appreciation and with a school lobby photo display during the month following their selection.

diligence

Pictured below left are Teresa Giles, Office Technology instructor with Sherie Race. Below center are Billie Frye, Health Sciences instructor, with Hailey Neal. Below right are Jennifer Brown, Office Technology substitute, with Jada York. Pictured at bottom left are Jerry Bell, Electricity instructor, with Thomas Vibbert. Bottom center are Jesse Burchett, Welding instructor, with Clint Adams. Bottom right are Vic Lowhorn, Automotive Technology substitute, with Travis Flowers.



CCATC November Students of the Month

The faculty and staff in the six career and technical education programs at Clinton County Area Technology Center have implemented a “Student of the Month” program where a specific character trait is selected each month, and instructors in each department select one student who most nearly exemplifies that character trait while attending Clinton County ATC.

Shown from each department are students who most nearly exemplified the

character trait of ***Responsibility*** and who represent November’s Students of the Month. Instructors used a set of guidelines defining ***responsibility*** and selected a student according to those guidelines. The faculty and staff are proud to honor deserving students with a certificate of appreciation and with a school lobby photo display during the month following their selection.

responsibility

Pictured below left are Teresa Giles, Office Technology instructor with Andrew Sexton. Below center are Billie Frye, Health Sciences instructor, with Megan Gibson. Below right are James Garrett, Automotive Technology instructor, with Bradley Gilbert. Pictured at bottom left are Jerry Bell, Electricity instructor, with Nicholas Abbott. Bottom center are Jesse Burchett, Welding instructor, with Mason Finley. Bottom right are Vic Lowhorn, Carpentry substitute, with Lonnie Malaefono.



\$ \$ \$ \$ \$ \$ \$ Reality Town 2011 \$ \$ \$ \$ \$ \$ \$

On Thursday, November 10, 2011, the eighth-graders at Clinton County Middle School and the students at Foothills Academy got a taste of the real world at Reality Town. Students were asked to imagine themselves at age twenty-eight, just fifteen short years from now. Students were encouraged to think about the type of work they might be doing, where they might live, and whether or not they might have children. Reality Town is an effort to help students gain the knowledge necessary to set educational and career goals in order to obtain the lifestyles they want. The purpose of this event is to remind students that they can make choices now that will help them reach their goals.

Before entering Reality Town, students randomly selected cards to determine their careers and the number of children they had. They were required to move through all the booths in Reality Town. Of course, their objective was to have sufficient money to purchase necessities and luxuries appropriate for

their desired lifestyles. They began their adventure at the Uncle Sam booth, where taxes were subtracted from their gross monthly salaries. Next, each student visited the Bank booth to open a checking account and a savings account, if desired. Then students followed a Route Card to visit the remaining booths.

The students discovered the high cost of typical monthly expenses as they moved around from booth to booth, including: Housing, Transportation, Property Taxes, Insurance, Utilities, Child Care, Medical & Dental, Health & Grooming, Grocery, Clothing, Furniture, Communications, and Entertainment. All students were required to make a donation at the Contributions booth. They visited the Crystal Ball booth to see what fate would deal them. The Vice booth taught students about the financial and health cost of smoking. If students needed help, they could visit the S.O.S. booth or get a second job at the Supplemental Income booth. At the Evaluation booth, students were rewarded with a Payday candy bar if they

finished shopping and still had money left. Students who ran out of money before buying all of their necessities received a Zero candy bar.

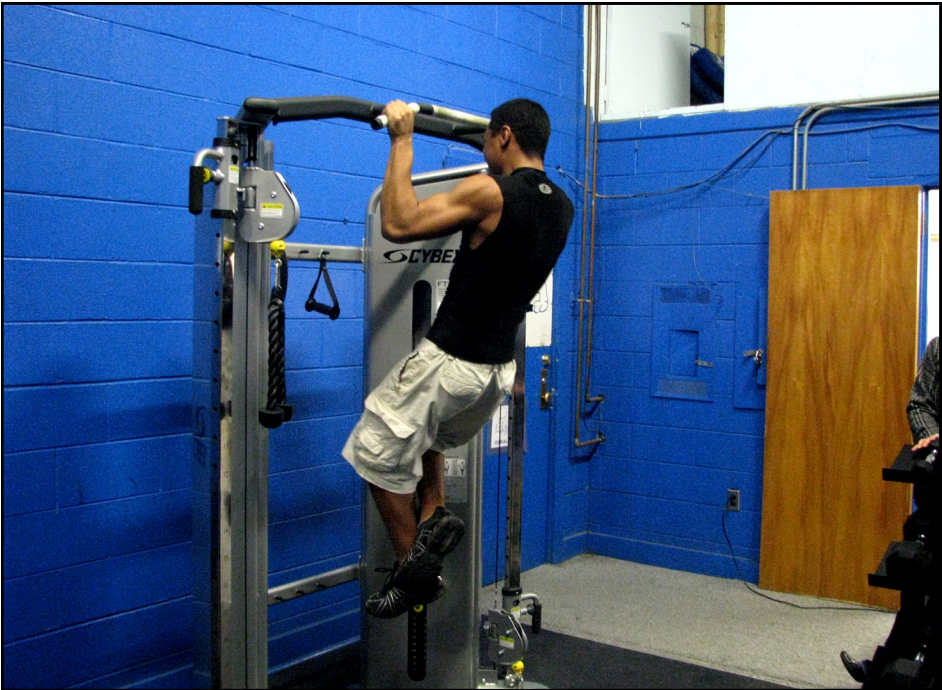
Reality Town is a collaborative project coordinated by Clinton County Cooperative Extension Service, Clinton County Middle School, CCMS Youth Services Center, Kentucky ASAP, GEAR UP, 21st Century Community Learning Center, SAFE-T Project Mentoring Program, and Community Education. Reality Town was funded through contributions by First & Farmer's National Bank, Monticello Banking Company, People's Bank of Albany, and Albany-Clinton County Chamber of Commerce. Thanks to Highway Nazarene Church for the use of their Fellowship Hall and to the Clinton County Board of Education Bus Garage for bussing students during Reality Town 2011. We especially appreciate all of the community volunteers who helped make Reality Town a success. This event would not be possible without volunteers!!!



\$\$\$ \$ \$ \$ \$ Reality Town 2011 \$ \$ \$ \$ \$ \$ \$



PEP Fitness Equipment



Several Physical Education and ROTC students are pictured here using the new fitness equipment at CCHS, purchased through the PEP grant.

D I D Y O U K N O W ? ? ?

- | | | | | |
|--|---|--|---|--|
| <input checked="" type="checkbox"/> Exercise boosts brainpower | <input checked="" type="checkbox"/> Exercise gives you energy | <input checked="" type="checkbox"/> Fitness can help build relationships | <input checked="" type="checkbox"/> Fitness pumps up your heart | <input checked="" type="checkbox"/> Exercise boosts athletic performance |
| <input checked="" type="checkbox"/> Movement melts away stress | <input checked="" type="checkbox"/> It's not that hard to find time for fitness | <input checked="" type="checkbox"/> Exercise helps ward off disease | <input checked="" type="checkbox"/> Exercise lets you eat more | <input checked="" type="checkbox"/> Weight loss is not the most important goal |

